

Frequently Asked Questions

Q: Do I have to participate in the S.A.V.E. Rx program?

A: *No. This program is completely voluntary.*

Q: I believe I am already receiving the least expensive drugs on the market. Will Ourlife continue to educate me further?

A: *Think of this visit as a medication checkup. Most physicians in a 10 to 15 minute visit do not have time to explain each medication that a patient is taking; make sure it is on one's insurance plan, and double check for drug interactions and allergies. This is time that we can give you to learn, and ask questions.*

Q: Tell me more about pill splitting. I'm a bit unclear as to how this helps me with the cost of my medications?

A: *Many drugs are the same price no matter the dose of the pill. By splitting them in half, the same drug becomes half as expensive. From a patient standpoint, you get twice as much for the same price. With a proper pill splitter and instruction in its use, pill splitting can be quite simple, and effective.*

Q: How can I guarantee that I will split my pill evenly?

A: *We recommend a pill splitter, designed to do such, as apposed to using a knife. This is a very common technique.*

Q: Will Ourlife be aware of psychiatric medications?

A: *Yes, and keep in mind that all information is HIPPA compliant. It is very beneficial to know that you are on these drugs because of their possible alternatives to discuss as well as drug on drug interactions to evaluate.*

Q: I have a legal question. What is the relationship between the Ourlife nurse practitioner and the patient?

A: *The relationship is the same physician-patient relationship that you have with any of your regular physicians. Anything you say is privileged, and will not be disclosed.*

Q: Does Ourlife have legal authority to perform an invasive procedure on me?

A: *Ourlife does not, and will not perform invasive procedures.*

Q: What is the benefit of reviewing my S.A.V.E. Rx report with a nurse practitioner, rather than my physician?

A: *Ourlife would like you to review your S.A.V.E. Rx report with BOTH an Ourlife clinician and your physician. The Nurse Practitioner is responsible for educating you about medication costs, any associated co-payments, and possible alternatives that will be equally effective, but will produce a cost savings. You should then discuss with your physician the alternative medications and select the proper medication for you. Your physician is the ONLY person who can make any changes to your medications.*

Q: I am ready for my visit with the Nurse Practitioner. Do I need to go to an Ourlife Weight loss and Fitness facility for my visit?

A: *No. We are coming to you. For your care and convenience, Gulfstream has arranged for Ourlife to come to you in order to make the most of your productive day. All you need to do is call the Gulfstream Medical Department nearest you to make your appointment.*

Q: How long will my visit take with a Nurse Practitioner?

A: *Ourlife allots on average 20 minutes for you. This visit depends on the number of medications being discussed.*

Q: When will the Nurse Practitioner visits start?

A: *April 1st, 2010*