

## **\*\*MANAGEMENT NEWSLETTER\*\*** *Archives*

**Below, a selected health-related article from Gulfstream's Management Newsletter archives:**

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**PAP TESTS CRITICAL TO DETECT CERVICAL CANCER:** The American Cancer Society recommends all women over the age 21 and over to get an annual Pap test because cervical cancer is a silent cancer. **Cervical cancer rarely causes pain or noticeable symptoms until it is so advanced that it may be unresponsive to treatment.** For the benefit of yourself or a loved one, here are some facts for you to consider:

- The cervical cancer cure rate approaches 100 percent if diagnosed early.
- Pap tests alone detect more than 90 percent of significant cervical lesions.
- An estimated 60 to 80 percent of women diagnosed with cervical cancer did not have a Pap test in the five years prior to diagnosis.

When detected early, cervical cancer is one of the most successfully treated cancers – with screening lowering a woman's lifetime risk of cervical cancer to approximately 0.7 percent. However cases not detected in time can be fatal – with approximately 4,000 deaths resulting from the disease each year.

Pap tests, along with annual gynecological exams, are covered under all Gulfstream medical plans. Gulfstream strongly encourages all females over 21 to protect their health – if you haven't had your Pap test this year, schedule your annual exam and Pap test today.

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